

# Heart Rate Monitoring and Heart Attack Prediction

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identified using various curing equipment such as CT, MRI, PET, and so on. Furthermore, certain uncommon diseases, such as heart attack and stroke, can be easily avoided in their early stages. Because of the world's massive population growth,

Abstract:

Coronary heart disease is the leading cause of death worldwide. For dealing with those in need, the human services field contains a wealth of information. Certain methods are used to collect information. One of the most common methods is handling or processing. This strategy forecasts the potential outcomes of cardiovascular disease. The outcome of this strategy is to predict the previous cardiovascular malady. The task manages IOT using a sensor (a pulse sensor to monitor pulses) and Arduino, and the results can be viewed in a sequential screen. IFTTT is used to analyze sensor readings in Google Sheets, which are then converted into csv files that look like data. The datasets used are classified according to therapeutic parameters, which are also used for data preparation and testing. This strategy evaluate. These parameters are set using the information preparation order method. With AI calculations and classification work. The dataset is first dissected, watched, and screened, after which the obtained data is handled in Python programming using Machine Learning Algorithms, specifically Decision Tree Algorithm and Random Backwoods Classifier Algorithm.

Keywords—Health Care System, IOT, Machine Learning Techniques, SVM Classifier

## I. INTRODUCTION

Healthcare is essential in our daily lives. With proper treatment, health diseases can be diagonalized and prevented in their early stages. The abnormalities that exist.

Inside our bodies or beneath our skin can be easily

there is an unpredictability in the spread of degenerative illnesses, which has put a strain on modern health-care systems, and the demand for funding ranges from hospital beds to doctors and nurses.

The burden on healthcare systems must be reduced in order to maintain the highest possible standard and quality of health care. The Internet of Things (IoT) has the potential to alleviate the strain on healthcare systems. Prior to that, the incidental checking of diabetic patients is nitty gritty in, as is the observation of patients with explicit infection, such as Parkinson's disease. Researchers want to serve specific purposes for curing diseases at an early stage, so various rehabilitation techniques such as aiding rehabilitation are used to continuously monitor the patients' progress. Because there is a large amount of data in today's world, data preprocessing, storage, and analysis should be considered, with little mention of incorporating those into a database system, and it should be used. A variety of wearable frameworks are proposed to provide dependable remote information transmission. Both medical clinic administrators and IT are concerned about information security and IoT device executives. Al could be

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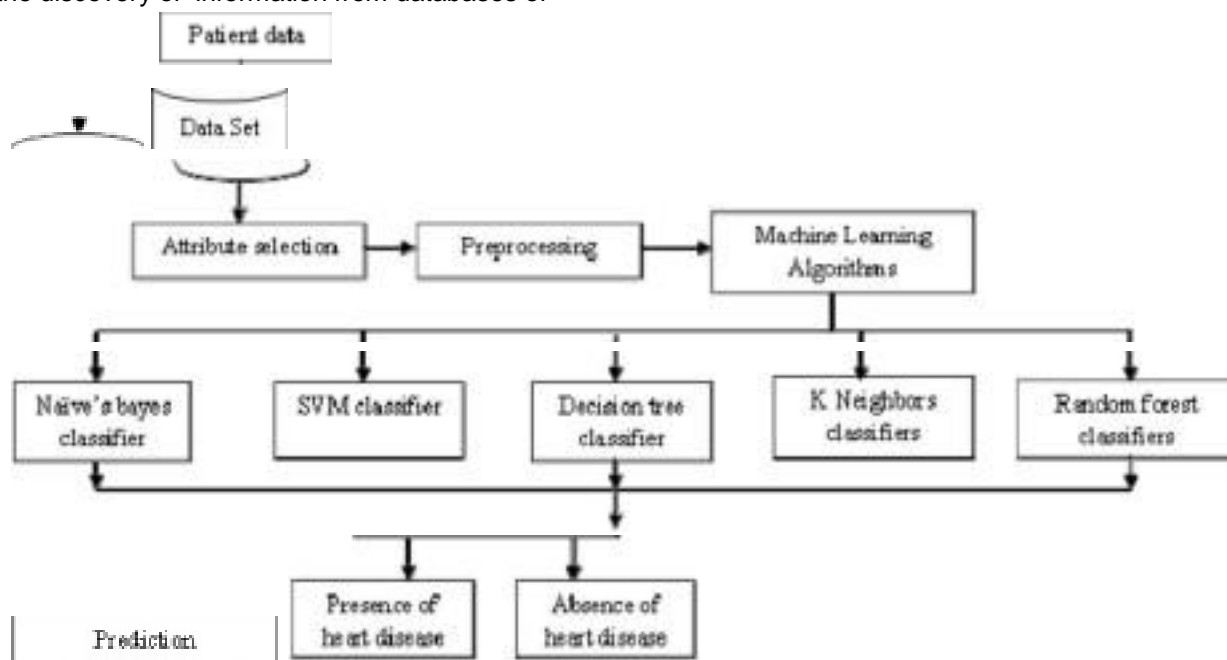
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advances, as well as improvements in the nature of our lives, it also results in enormous experiences at the same time. According to a McKinsey Global Institute report, AI will be the driving force behind the resulting massive influx of development. The Internet of Things (IoT) envisions the ability to remotely partner and check true articles (things) via the Internet. Nowadays, the Health-care Environment has explained science and information based on Wireless-

defined as a subset of human-made reasoning (AI). Using human reasoning, we will create a better and brighter future. AI could be a mastermind that learns from points of reference and information without being explicitly programmed. Instead of writing code, the data is enhanced. The standard calculation and rationale are provided based on the data. AI is trained in web search, spam sifting, advertisement placement, stock trading, and other areas. Despite the fact that gaining access to this wealth of information is expected to result in significant scientific and design

Sensing hub Technology arranged. Patients are facing an uncertain situation of prevision end due to the specific explanation of heart issues and assault, which is a direct result of the absence of good therapeutic upkeep to patients at the required time. This is for uniquely identifying mature-age patients, children, and illuminating specialists, as well as friends and family..As a result, we are considering an imaginative project to gadget such unexpected passing rates by utilizing Patient Health Monitoring, which utilizes Sensor advancements and applications If problems arise, use the internet to notify friends and family.We've also seen ML procedures used in ongoing improvements in various areas of the Internet of Things (IoT). AI is now widely used in a variety of business applications such as web-based commerce and others. Information preparation is the process of removing data and information from massive amounts of data. Data mining is a fundamental advancement in the discovery of information from databases or

Information preparation is primarily used to separate hidden data from a large database. Expectation is one of the areas where this AI is used; our topic is about forecasting coronary illness by using a patient's dataset and information about patients to whom we must predict the presence need a couple of datasets for different purposes. The information is then prepared and tested using AI calculations. A dataset that we feed into our AI calculation to prepare our model and a dataset that we use to validate the accuracy of our model but isn't used to prepare the model.



Framework Predicting Heart Disease

a small low round hole through which the LED shines from the back, and there is also a small square imperceptibly beneath the LED. The LED shines light into the fingertip, ear ligament, or other thin tissue, and the sensor measures the amount of light that bounces back. That is how it learns to dance to the beat. The remaining components are mounted on the opposite side of the sensor. Dataset 2.2: An informational index (or dataset) contains a large amount of data. A single column of data is referred to as an example. It is a spatial perception. A dataset is a collection of examples, and when working with AI techniques, we usually

of a coronary illness.

MATERIALS AND

METHOD:

A. Heartbeat rate sensor:

Pulse Sensor is an effective Arduino fitting and attachment play beat sensor. The sensor is attached to a fingertip and is easily expanded into Arduino. It also incorporates an open-source monitoring application that depicts your pulse in certified time. The front of the sensor is marked with a heart-shaped logo. This is how frequently the sidehat comes into contact with the skin. On the front, there is

assortment should be structured so that multiple Machine Learning and Deep Learning estimations can be performed in a single instructional record and the best one is chosen.

Figure 1: A Smart Intelligent System

B. Information Preprocessing:

Pre-processing is concerned with recommending the operations performed on our data before supporting it to the calculating. Information Pre-processing is a structure that converts sloppy data into a flawless educational record. Some AI models require data in a specific format, for example, Random Forest calculation does not fortify invalid qualities, so to execute flighty backwoods check invalid qualities must be administered from the main unpleasant educational record. Another point of view is that educational

C. Machine learning classifiers:

In request to investigate the heart patients and sound individuals, AI arrangement calculations are utilized. Some well-known characterization calculations talked about quickly right now are utilized in machine learning:

1. Logistic regression: it is a characterization calculation. For combined gathering issue, so as to anticipate the estimation of insightful variable  $y$  when  $y \in [0, 1]$ , 0 is negative class and 1 is sure class. It in like manner practices multiclassification to envision the estimation of  $y$  when  $y \in [0, 1, 2, 3]$ . To describe two classes 0 and 1, a theory  $h(\theta) = \theta^T X$  will be planned and edge classifier yields  $h\theta(x)$  at

0.5. In the event that the value of speculation  $h\theta(x) \geq 0.5$ , it will foresee  $y = 1$  which imply that the individual has coronary illness and on the off chance that estimation of  $h\theta(x) < 0.5$ , at that point anticipate  $y=0$  which shows that the individual is healthy. Hence, the expectation of strategic relapse under the condition  $0 \leq h\theta(x) \leq 1$  is finished. Strategic relapse sigmoid capacity is frequently composed as follows:

$$h\theta(x) = g(\theta^T X),$$

$$\text{where } g(z) = \frac{1}{1 + e^{-z}} \text{ and } h\theta(x) = \frac{1}{1 + e^{-\theta^T X}}. \text{ eq. (1)}$$

2. Support Vector Machine: The SVM is an AI characterization calculation that has primarily been used to solve arrangement issues. Because of SVM's high achievement in arrangement, it is widely used in various applications. In a twofold characterization issue, the occurrences are separated by a hyperplane  $w^T x + b = 0$ , where  $w$  and  $b$  are dimensional coefficient vectors that are standard to the surface,  $b$  is adjusted as a motivator from the first starting point stage, and  $x$  is enlightening assortment regards.

(3) Naive Bayes: The Naive's Bayes is a grouping regulated learning calculation. It depends on restrictive likelihood hypothesis to decide the class of another component vector. The NB utilizes the preparation dataset to discover the restrictive likelihood esteem of vectors for a given class. In the wake processing the likelihood restrictive estimation of every vector, the new vectors class is made sense of dependent on its contingency likelihood. NB is utilized for content concerned issue characterization.

(4) Decision Tree Classifier: A decision tree is a supervised AI computation. A decision tree shape is

simply a tree with each handle representing a leaf centre point or a decision centre point. The Decision tree techniques are quick and appropriate for making a decision. A decision tree contained inside and outside focus focuses that were related to one another.

$$P(W/Q) = \frac{P(Q/W)P(W)}{P(Q)}$$

$$= P(Q/W)P(W) + P(Q/M)P(M)$$

$$P(A/B) = P(B/A)P(A)$$

$$P(B) \text{ eq. (2)}$$

(5) K-Nearest Neighbor: K-NN is an overseen learning game plan computation. K-NN estimation predicts the class name of another data; K-NN utilizes the correspondence of new commitment to its wellsprings of information tests in the readiness set. If the new data is same as the models in the arrangement set. The K-NN gathering execution isn't worthy. Let (x, y) be the readiness discernments and the learning limit h: X Y, with the objective that given recognition x, h(x) can choose y regard. The overall framework has been represented.

### III RESULTS

Thus, health disease, which is the leading cause of death worldwide, can be reduced through proper treatment and early diagnosis. This project uses the internet of things to record real-time (patient) data using a pulse rate sensor and an Arduino, which is then recorded using thing speak. As a result, machine learning algorithms were used to predict heart disease in humans.

Figure 2 Pulse rate in bpm

Thus, 40 samples of patient data were collected and used in machine learning algorithms. I have primarily concentrated on algorithms such as support vector machine (SVM), K Nearest Neighbors (KNN) classifier, decision tree, random forest classifier, and naive's bayes algorithm. after comparing all algorithms in real time. As a result, the waveforms obtained for pulse rate and body temperature are depicted in figures 2 and 3.



IV CONCLUSIONS

Since coronary disease is the leading cause of mortality globally, The field of human services contains a vast amount of information, and certain procedures are used to handle that information. One of the often used procedures is handling or processing. In order to improve



Figure 3: Body Temperature in F

The observation of patient’s data shows that support vector machine algorithms gives the greater accuracy and prediction. The results of the following algorithms are shown in Figure 4.

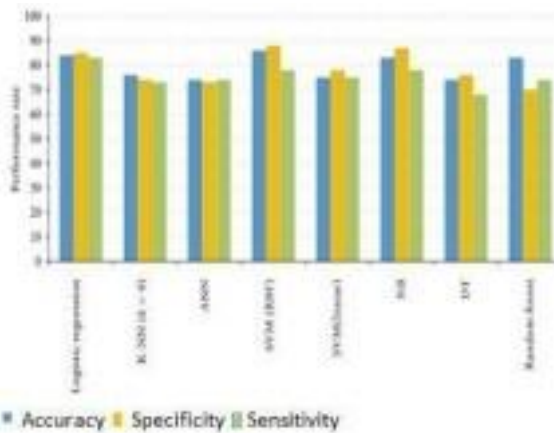


Figure 4: Accuracy Specificity Sensitivity Comparison of all Algorithms

- KNN algorithm – 75%
- Support Vector Machine – 86%
- Naïve Bayes – 83%

A	B	C	D
DATE AND TIME	Patient_Info	PULSE RATE (BPM)	BODY TEMP (F)
12/18/2019 at 11:50 A.M	Patient_Info	82	100
12/18/2019 at 11:55 A.M	Patient_Info	85	99
12/18/2019 at 11:55 A.M	Patient_Info	100	98
12/18/2019 at 11:55 A.M	Patient_Info	97	97
12/18/2019 at 11:47 A.M	Patient_Info	170	98
12/19/2019 at 12:04 P.M	Patient_Info	150	88
12/19/2019 at 12:11 P.M	Patient_Info	96	97
12/19/2019 at 12:53 P.M	Patient_Info	84	98
12/19/2019 at 03:04 P.M	Patient_Info	70	82
12/19/2019 at 03:17 P.M	Patient_Info	60	82
12/19/2019 at 03:28 P.M	Patient_Info	88	99

Figure 5: Data Obtained from Sensor Decision Tree – 74%

Random Forest – 83%

Thus, support vector machine gives the highest rate of accuracy and prediction when compared to other algorithms.

prediction and accuracy utilising IOT and machine learning, this article focuses on real-time data. The data is examined in a Google Sheet and then used in automated processes. Therefore, I noticed that when all algorithms are compared to one another, it is found that KNN method gives 78% accuracy, support vector machine gives 86% accuracy, random forest classifier gives 83% accuracy, decision tree gives 74% accuracy, and naive's bayes gives 83% accuracy.. Support vector machine (SVM) is the algorithm that, when compared to all others, provides the highest accuracy. The suggested hardware and software system aids patients in the early detection of cardiac disease. In communities without hospital facilities, i.e., in rural areas, it will be useful for mass screening systems.

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